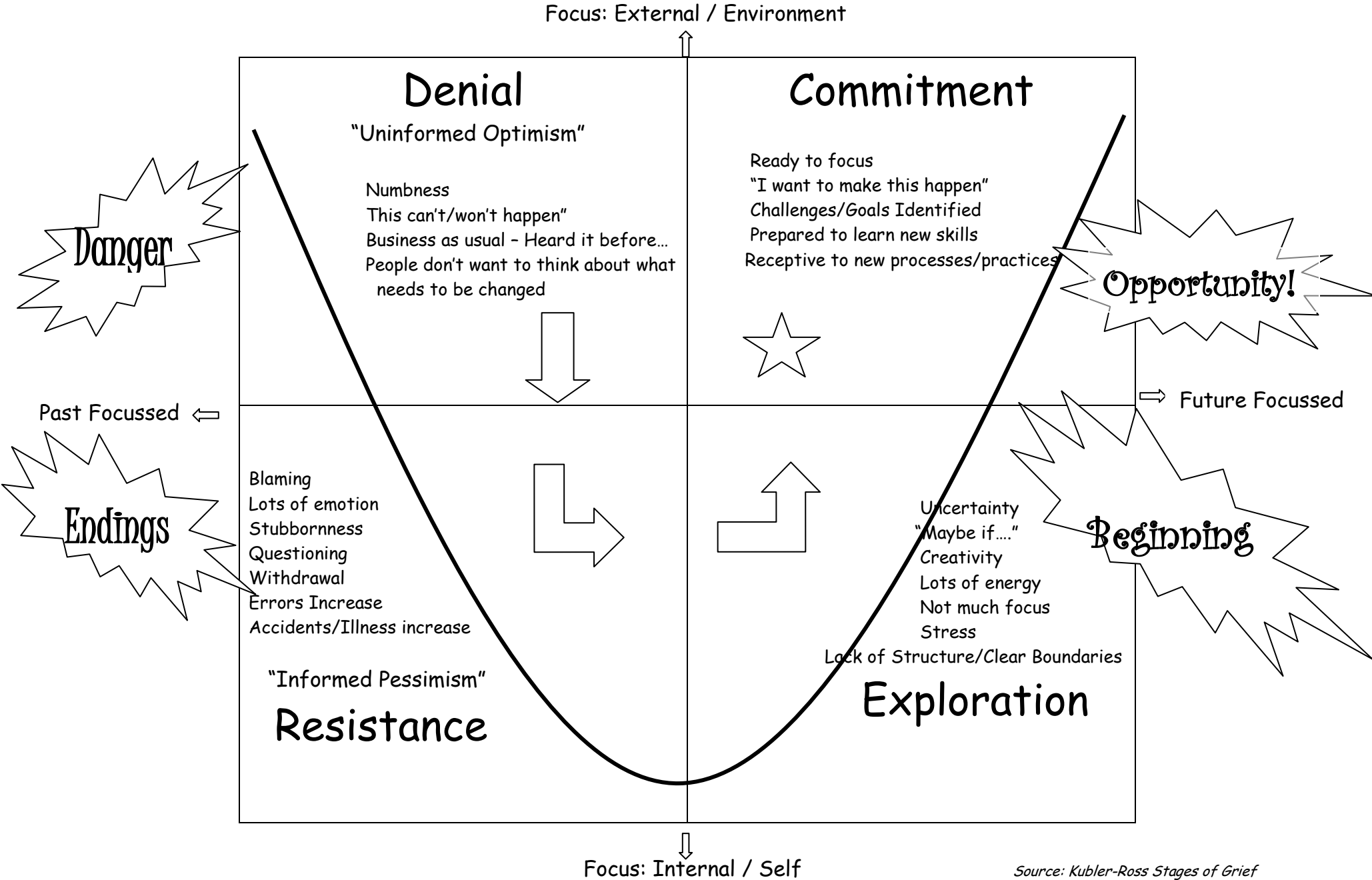


# The 4 Stages of Change



Source: Kubler-Ross Stages of Grief